

SRF Convocation (Aug 14 to 20) – Vancouver Chapel Events

SRF's annual convocations offer the blessed opportunity to nourish the soul and to commingle with the Gurus' harmonious manifestations – both in person and in spirit.

This season, the Vancouver Meditation Group celebrates the sacred continuum of this occasion, and invites you to experience many of the live-streamed events, in a group setting at the Chapel. Merge into oneness with the guided meditations, discover hidden gems in the how-to-live teachings, and renew your commitments in monastic-led 'satsangs.' All are welcome.

Schedule

Day / Date	Time	Offering	Host
Sunday, Aug 14	7.00 pm – 8.00 pm	Transforming Life's Obstacles into Stepping Stones for Spiritual Success	Bro. Vishwananda
	8.30 pm – 9.30 pm	One-hour Meditation	SRF Monastic
Monday, Aug 15	8.00 am – 11.00 am	Meditation with Kirtan (Devotional Chanting)	Nuns' Kirtan Group
	7.00 pm – 8.00 pm	How Everyday Thoughts can Change Our Lives	Bro. Prafullananda
	8.30 pm – 9.30 pm	One-hour Meditation	SRF Monastic
Tuesday, Aug 16	4.30 pm – 5.30 pm	Satsanga (Questions & Answers)	Sister Brahmani
	7.00 pm – 8.00 pm	Devotion: Relating to God From the Heart	Sister Draupadi
	8.30 pm – 9.30 pm	One-hour Meditation	SRF Monastic
Wednesday, Aug 17	8.00 am – 11.00 am	Meditation	Bro. Chidananda
	7.00 pm – 8.00 pm	Is Sharing and Selflessness a part of Your Daily Life	Bro. Bhumananda
	8.30 pm – 9.30 pm	One-hour Meditation	SRF Monastic
Thursday, Aug 18	8.00 am – 11.00 am	Meditation with Kirtan (Devotional Chanting)	Monks' Kirtan Group
	7.00 pm – 9.00 pm	Janmashtami Commemorative Meditation	Bro. Kamalananda
	9.00 pm – 9.30 pm	Janmashtami: Chapel Invocation and Offering	Chapel Devotee
Friday, Aug 19	7.00 pm – 8.00 pm	Renewing Our Spiritual Enthusiasm	Bro. Satyananda
	8.30 pm – 9.30 pm	One-hour Meditation	SRF Monastic
Saturday, Aug 20	1.00 pm – 2.00 pm	Closing Class: Spiritually Fortifying our Lives	Bro. Chidananda
	2.00 pm – 3.00 pm	Chapel open for private meditation	N/A

To directly access SRF live-stream, click: [Convocation 2022 | Self-Realization Fellowship \(yogananda.org\)](https://www.yogananda.org/convocation-2022)



People are running, running; but there is no place in the world to which they can flee to escape themselves. Ultimately, each one must face oneself – **Yogananda.**

