

SRF Convocation (Jul 30 to Aug 05) – Vancouver Chapel Events

SRF's annual convocations offer the blessed opportunity to nourish the soul and to commingle with the Gurus' harmonious manifestations – both in person and in spirit.

This season, the Vancouver Meditation Group celebrates the sacred continuum of this occasion; and invites you to experience many of the live-streamed events, in a group setting at the Chapel. Of special Grace, will be the in-person presence in our midst, of Sr. Premamayee and Sr. Chetana – from **Aug. 03 to Aug 06**, inclusive.

Merge into oneness with the guided meditations, discover hidden gems in the how-to-live teachings, and renew your commitments in monastic-led 'satsangs.' All are welcome.

Schedule

Day / Date	Time	Offering	Host
Sunday, Jul 30	11.00 am – 12.00 pm	Opening Program (Glendale Temple)	Sister Draupadi
	12.00 pm – 1.30 pm	Tea and Fellowship	VMG Chapel
Monday, Jul 31	7.00 pm – 8.00 pm	Talk: Filling your Cup of Happiness through Service to Others	Bro. Sevananda
	8.30 pm – 9.30 pm	One-hour Meditation (Mother Centre)	Bro. Dhyanananda
Tuesday, Aug 01	7.00 pm – 8.00 pm	Talk: Unravelling the Mystery of Life and Death (India)	Swami Ishwarananda
	8.30 pm – 10.00 pm	Kirtan & Meditation (Ranchi, India)	Smriti Mandir
Wednesday, Aug 02	8.00 am – 11.00 am	Meditation (Mother Centre)	Bro. Chidananda
	7.00 pm – 8.00 pm	Talk: Exploring the Lofty Kingdom of Loyalty (Fullerton Temple)	Bro. Govindananda
	8.30 pm – 9.30 pm	One-hour Meditation (Mother Centre)	Bro. Jitananda
Thursday, Aug 03	1.00 pm – 1.30 pm	Sr. Premamayee & Sr. Chetana (Welcome Greeting & talk)	VMG Chapel
	1.30 pm – 2.30 pm	Satsanga (Q&A) (Hollywood Temple)	Sister Nandini
	2.45 pm – 4.15 pm	Youth Fellowship	VMG Chapel
	2.45 pm – 4.15 pm	Afternoon Tea & Fellowship (Social Room)	VMG Chapel
	7.00 pm – 8.00 pm	Talk: The Guru: Messenger of God (Glendale Temple)	Bro. Kamalanda
	8.30 pm – 9.30 pm	One-hour Meditation (Mother Centre)	Bro. Padmananda
Friday, Aug 04	10.30 am – 12.00 pm	Home visitations	Vancouver
	2.00 pm – 2.45 pm	Christening Ceremony	VMG Chapel
	3.00 pm – 4.00 pm	Meditation led by Nuns	VMG Chapel

To directly access SRF live-stream, click: [Convocation 2023 | Self-Realization Fellowship \(yogananda.org\)](https://www.yogananda.org/convocation2023)

People are running, running; but there is no place in the world to which they can flee to escape themselves. Ultimately, each one must face oneself – **Yogananda.**

Schedule (continued)

Friday, Aug 04	4.00 pm – 5.00 pm	Talk: Living as an SRF Devotee in the latter years of Life – Group Discussion (Mother Centre).	Bro. Jayananda and SRF Members
	7.00 pm – 8.00 pm	Talk: The Power of Silence: Creating Quiet Time in Our Lives (Encinitas).	Sister Brahmani
	8.30 pm – 9.30 pm	One-hour Meditation (Mother Centre)	Bro. Brahmananda
Saturday, Aug 05	9.30 am – 11.30 am	Group Outing – VanDusen Gardens	VMG Devotees
	1.00 pm – 2.00 pm	Convocation – Closing (Mother Centre)	Bro. Chidananda
	2.30 pm – 3.30 pm	Women’s counselling/Kriya checks by appointment (Social Room)	VMG Chapel
	2.30 pm – 3.30 pm	Informal self-led meditation	VMG Chapel
Sunday, Aug 06	6.00 pm – 8.00 pm	Nun-led Meditation/Chanting	Nuns (Chapel)
	10.00 am – 11.00 am	Nun-led Meditation	Nuns (Chapel)
	11.00 am – 12.00 pm	Sunday Service / Closing Program	
	12.15 pm – 1.30 pm	Potluck Social/Fellowship	
	2.30 pm – 3.30 pm	Women’s counselling/Kriya checks by appointment (Social Room)	Nuns (Chapel)
	2.30 pm – 3.30 pm	Informal self-led meditation	VMG Chapel

Location: Vancouver Yogoda Meditation Society (Vancouver Meditation Group)
173 West 6th Avenue, Vancouver, B.C. V5Y 1K3. Canada.

General Enquiries – Ms. Joy Larsen: joyseva.van@gmail.com

Parking: Street parking (9.00 a.m. to 10.00 p.m. daily) – metered @ \$1 / hour; seven days a week, including holidays. Cumulative parking up to four hours, feasible prior to 6 p.m. Payment by coins, or use the PayByPhone app – Google and Apple (and get text alerts when session expires, or to add more time).

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The Lord is found through unceasing Devotion. When you want only the Giver
and not His gifts, then He will come to you – **Yogananda**.



*** Special soul-stirring Events ***



Outing with the Nuns at VanDusen Botanical Garden

Saturday, August 5: Commences, 9:30 a.m. Please join us at VanDusen Botanical Gardens, 5151 Oak Street, Vancouver. Enjoy the fragrant smells, vibrant colours, and peaceful vistas of these beautiful Gardens; spend time with the Nuns in fellowship and meditation.

Tickets: Please email joyseva.van@gmail.com and add "gardens" to the subject line. Ticket prices are \$12; and there will be an opportunity to pay what you can, into the anonymous donation box located in the hallway at the Chapel during Convocation week.

Cut-off for pre-ordering tickets: Monday, July 31. If you miss this deadline, you may still attend, by purchasing tickets at the Gardens. [VanDusen Botanical Garden - Google Maps](#)

Women's Counselling

Saturday, August 5: Commences 2.30 p.m.

Sunday, August 6: Commences 2.30 p.m.

There are two opportunities for women to receive Kriya checks or counselling. Spaces are limited, and appointments will be on a first-come, first-served basis. Please email hew@proton.me and add "counsel" to the subject line for a chance to book an appointment. If you have a preferred day, please include this as well.

Youth Event

If you have a child who is interested in learning the Hong Sau and/or Aum techniques, please email josephine.durante@proton.me for more information. Kindly add "youth event" to the subject line.

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